



## **I Can Be Social and Community Service Inc.**

**[icanbe@icanbe.ca](mailto:icanbe@icanbe.ca)**

---

### **Jijo Mathew – Board of Directors**

Jijo is Social Service Worker and a Registered Practical Nurse. He currently sits on the Board of Directors of I Can Be and is the vice chair. Jijo believes that it takes a community to build a community and agrees with Patricia that using the systemic approach is the best way to break the cycle of poverty.

He is very passionate about the work he does to help others and he brings that knowledge and compassion to the organization, currently he works as a Care Coordinator in Toronto.

You can contact Jijo at

[mathewj@icanbe.ca](mailto:mathewj@icanbe.ca)